

WEEKLY REFLECTION

WEEK OF: _____

YEAR: _____

MY FAVORITE MOMENTS

- _____
- _____
- _____
- _____
- _____
- _____

I PLAN TO DO MORE

Blank space for writing plans to do more.

I'M GRATEFUL FOR

- _____
- _____
- _____
- _____
- _____
- _____

I PLAN TO DO LESS

Blank space for writing plans to do less.

KEY ACCOMPLISHMENT

- _____
- _____
- _____
- _____
- _____
- _____

I AM SO EXCITED FOR

Blank space for writing what you are excited for.